



NPC Contra Costa
 Bodybuilding, Figure, Physique, and Bikini Championships
 May 11, 2013
 Hayward, California

Masters Men 60+

N u m b e r	First Name	Last Name	Cross Over Class	J u d g e 1	J u d g e 2	J u d g e 3	J u d g e 4	J u d g e 5	J u d g e 6	J u d g e 7	T o t a l	P l a c i n g	N u m b e r
107	Don	Jude		1	1	1	1	1	1	1	5	1	107
108	John	Manoogian	OBW	2	2	3	2	2	2	2	10	2	108
109	Daniel	Montijo		3	3	2	3	3	3	3	15	3	109

Judge: _____

Judge: _____



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Masters Men 50+

Number	First Name	Last Name	Cross Over Class	Judge 1	Judge 2	Judge 3	Judge 4	Judge 5	Judge 6	Judge 7	Total	Placing	Number
110	Fong	Raymond	OBW	1	1	1	1	1	1	1	5	1	110

Judge: _____

Judge: _____



NPC Contra Costa
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 Hayward, California

Masters Men 40+

N u m b e r	First Name	Last Name	Cross Over Class	J u d g e 1	J u d g e 2	J u d g e 3	J u d g e 4	J u d g e 5	J u d g e 6	J u d g e 7	T o t a l	P l a c i n g	N u m b e r
111	Daniels	David		2	2	3	2	2	2	2	10	2	111
114	Brouillard	Chris	OLH,NLH	1	1	1	1	1	1	1	5	1	114
148	Phillips	Marcus		3	3	2	3	3	3	3	15	3	148
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Judge: _____

Judge: _____



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TEEN

N u m b e r	First Name	Last Name	Cross Over Class	J u d g e 1	J u d g e 2	J u d g e 3	J u d g e 4	J u d g e 5	J u d g e 6	J u d g e 7	T o t a l	P l a c i n g	N u m b e r
112	Jasen	Kohli		1	1	1	2	1	1	1	5	1	112
113	Bogdan	Katkov		3	4	5	4	4	4	3	19	4	113
115	Jacob	Zylstra		5	6	6	5	5	6	5	27	5	115
116	Philip	Smith		6	8	8	7	8	8	8	39	8	116
118	Chad	Carandang	NMW	4	3	3	3	3	3	4	16	3	118
119	Mark	Timko	NMW	2	2	2	1	2	2	2	10	2	119
117	Ralph	Vallimont		8	5	7	6	6	7	7	33	7	117
158	Silaiman	Habib		7	7	4	8	7	5	6	32	6	158
0													
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Judge: _____

Judge: _____



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Open Women

N u m b e r	First Name	Last Name	Cross Over Class	J u d g e 1	J u d g e 2	J u d g e 3	J u d g e 4	J u d g e 5	J u d g e 6	J u d g e 7	T o t a l	P l a c i n g	N u m b e r
140	Glenda	Fowler		2	1	2	2	1	2	1	8	1	140
141	Sue	Epperson		1	2	1	3	3	3	2	11	2	141
142	Giovanna	Mason		3	3	3	1	2	1	3	12	3	142
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Judge: _____

Judge: _____



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Open Bantam up to 143 1/4

N u m b e r	First Name	Last Name	Cross Over Class	J u d g e 1	J u d g e 2	J u d g e 3	J u d g e 4	J u d g e 5	J u d g e 6	J u d g e 7	T o t a l	P l a c i n g	N u m b e r
108	John	Manoogian	MM60+	5	5	5	5	5	5	5	25	5	108
110	Raymond	Fong	MM50+	4	4	4	4	4	4	4	20	4	110
120	Benjay	Gacayan		1	1	1	2	3	1	1	6	1	120
121	Mike	Nguyen	NLW	2	3	2	1	1	2	2	9	2	121
134	Ajay	Goel		3	2	3	3	2	3	3	14	3	134
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Judge: _____

Judge: _____



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 Hayward, California

Open Mens Light over 143 1/4 to 154 1/4

N u m b e r	First Name	Last Name	Cross Over Class	J u d g e 1	J u d g e 2	J u d g e 3	J u d g e 4	J u d g e 5	J u d g e 6	J u d g e 7	T o t a l	P l a c i n g	N u m b e r
0		No Competitors										0	0
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Judge: _____

Judge: _____



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Open Mens Middle over 154 1/4 to 176 1/4

N u m b e r	First Name	Last Name	Cross Over Class	J u d g e 1	J u d g e 2	J u d g e 3	J u d g e 4	J u d g e 5	J u d g e 6	J u d g e 7	T o t a l	P l a c i n g	N u m b e r
122	Brian	McGee	NMW	1	1	1	1	1	1	1	5	1	122
123	Fabian	Gutierrez	NMW	4	5	4	4	4	4	4	20	4	123
124	Marshall	Harris	NMW	2	2	2	2	2	2	2	10	2	124
125	Javier	Perez		3	3	3	3	3	3	3	15	3	125
126	Joe	Mixon	NMW	5	4	5	5	5	5	5	25	5	126
130	Carlos	Del Rio	NMW	6	6	6	6	6	6	6	30	6	130
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Judge: _____

Judge: _____



NPC Contra Costa
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Open Mens Lt Heavy over 176 1/4 to 198 1/4

N u m b e r	First Name	Last Name	Cross Over Class	J	J	J	J	J	J	J	T o t a l	P l a c i n g	N u m b e r
				u d g e 1	u d g e 2	u d g e 3	u d g e 4	u d g e 5	u d g e 6	u d g e 7			
114	Chris	Brouillard	NLH, MM40+	6	4	7	5	4	5	6	26	6	114
128	Ceazar	Agront	NLH	11	11	11	11	10	11	11	55	11	128
129	Gary	Gorospe		7	7	6	7	7	7	7	35	7	129
131	Jason	Bettencourt	NLH	4	6	3	4	5	8	3	22	4	131
132	Joe	Hubbard		1	3	1	2	1	1	1	6	1	132
133	Clayton	West	NLH	8	9	9	9	9	9	9	45	9	133
136	Jeff	Watson		3	2	4	3	3	3	4	16	3	136
137	Joe	Guerrero		10	10	10	10	11	10	10	50	10	137
138	James	Gilchrist		2	1	2	1	2	2	2	9	2	138
139	Ron	Valenzuela	NLH	5	5	5	6	6	4	5	26	5	139
159	Ryan	Jones		9	8	8	8	8	6	8	40	8	159
0													0
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0													0
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Judge: _____

Judge: _____



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Open Mens Heavy over 198 1/4 to 225 1/4

N u m b e r	First Name	Last Name	Cross Over Class	J u d g e 1	J u d g e 2	J u d g e 3	J u d g e 4	J u d g e 5	J u d g e 6	J u d g e 7	T o t a l	P l a c i n g	N u m b e r
135	Junior	Magana	NHW	3	3	3	3	3	3	3	15	3	135
143	Edward	Koo	NHW	2	2	2	2	2	2	2	10	2	143
144	Bostin	Loyd		1	1	1	1	1	1	1	5	1	144
0													0
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Judge: _____

Judge: _____



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Open Mens Super Heavy over 225 1/4

N u m b e r	First Name	Last Name	Cross Over Class	J u d g e 1	J u d g e 2	J u d g e 3	J u d g e 4	J u d g e 5	J u d g e 6	J u d g e 7	T o t a l	P l a c i n g	N u m b e r
145	Alex	Cerati		2	2	2	2	2	2	2	10	2	145
146	Randy	Frank		1	1	1	1	1	1	1	5	1	146
147	Mylon	Pigram										NS	147
0													0
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Judge: _____

Judge: _____



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Novice Mens Light up to 154 1/4

N u m b e r	First Name	Last Name	Cross Over Class	J	J	J	J	J	J	J	T	P l a c i n g	N u m b e r
				u d g e 1	u d g e 2	u d g e 3	u d g e 4	u d g e 5	u d g e 6	u d g e 7	o t a l		
121	Nguyen	Mike	OBW	2	2	2	2	1	1	1	8	2	121
149	Elkins	Chris	MPA	1	1	1	1	2	2	2	7	1	149
150	Arroyo	Adrian		3	3	3	3	3	3	3	15	3	150
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Judge: _____

Judge: _____



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Novice Mens Middle over 154 1/4 to 176 1/4

N u m b e r	First Name	Last Name	Cross Over Class	J u d g e 1	J u d g e 2	J u d g e 3	J u d g e 4	J u d g e 5	J u d g e 6	J u d g e 7	T o t a l	P l a c i n g	N u m b e r
118	Carandang	Chad	TBB	8	8	8	7	8	9	8	40	8	118
119	Timko	Mark	TBB	5	4	4	5	5	5	5	24	5	119
122	McGee	Brian	OMW	1	1	1	1	1	1	1	5	1	122
123	Gutierrez	Fabian	OMW	6	7	6	6	6	6	7	31	6	123
124	Harris	Marshall	OMW	3	3	3	2	3	3	2	14	3	124
126	Mixon	Joe	OMW	7	6	7	8	7	7	6	34	7	126
130	Del Rio	Carlos	OMW	9	9	10	9	9	8	9	45	9	130
151	Pacini	Michael		2	2	2	3	2	2	3	11	2	151
152	Eckel	Jacob		10	10	9	10	10	10	10	50	10	152
153	Nunes	Shaun	MPC	4	5	5	4	4	4	4	21	4	153
0													0
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0													0

Judge: _____

Judge: _____



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Novice Mens Light Heavy over 176 1/4 to 198 1/4

N u m b e r	First Name	Last Name	Cross Over Class	J	J	J	J	J	J	J	T	P l a c i n g	N u m b e r
				u d g e 1	u d g e 2	u d g e 3	u d g e 4	u d g e 5	u d g e 6	u d g e 7	o t a l		
114	Brouillard	Chris	OLH, MM40+	5	5	5	5	5	5	5	25	5	114
127	Souttaphonh	Chris		3	4	3	1	4	4	2	16	4	127
128	Agront	Ceazar	OLH	8	8	8	8	8	8	8	40	8	128
131	Bettencourt	Jason	OLH	1	2	1	4	3	3	3	12	2	131
133	West	Clayton	OLH	6	6	6	6	6	6	6	30	6	133
139	Valenzuela	Ron	OLH	2	1	2	3	1	1	1	7	1	139
154	Sinatra	Jason		4	3	4	2	2	2	4	15	3	154
155	Diebold	John		7	7	7	7	7	7	7	35	7	155
0													0
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0													0
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Judge: _____

Judge: _____



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Novice Mens Heavy over 198 1/4

N u m b e r	First Name	Last Name	Cross Over Class	J u d g e 1	J u d g e 2	J u d g e 3	J u d g e 4	J u d g e 5	J u d g e 6	J u d g e 7	T o t a l	P l a c i n g	N u m b e r
135	Magana	Junior	OLH	3	3	4	2	3	4	3	16	3	135
143	Koo	Edward	OHW	1	1	1	1	1	1	1	5	1	143
156	Hart	Justin		4	4	3	3	4	3	4	18	4	156
157	Plaugher	Stephen		2	2	2	4	2	2	2	10	2	157
0													0
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Judge: _____

Judge: _____



NPC Contra Costa
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Novice Mens Overall

N u m b e r	First Name	Last Name	Class	J u d g e 1	J u d g e 2	J u d g e 3	J u d g e 4	J u d g e 5	J u d g e 6	J u d g e 7	T o t a l	P l a c i n g
149	Chris	Elkins	Light Weight	4	4	4	2	4	4	4	20	4
122	Brian	McGee	Middle Weight	1	1	1	1	1	1	1	5	1
139	Ron	Valenzuela	Light Heavy Weight	3	3	3	3	3	3	3	15	3
143	Edward	Koo	Heavy Weight	2	2	2	4	2	2	2	10	2

Judge: _____

Judge: _____



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Open Mens Overall

N u m b e r	First Name	Last Name	Class	J u d g e 1	J u d g e 2	J u d g e 3	J u d g e 4	J u d g e 5	J u d g e 6	J u d g e 7	T o t a l	P l a c i n g
120	Benjay	Gacayan	Bantam Weight	5	5	5	5	5	5	5	25	5
	No Competitors		Light Weight									0
122	Brian	McGee	Middle Weight	2	2	3	2	2	3	3	12	3
132	Joe	Hubbard	Light Heavy Weight	4	3	1	3	3	1	1	11	2
144	Bostin	Loyd	Heavy Weight	1	1	2	1	1	2	2	7	1
146	Randy	Frank	Super Heavy Weight	3	4	4	4	4	4	4	20	4

Judge: _____

Judge: _____